

# VALLEY CONFERENCE YOUTH CROSS COUNTRY OPEN MEETS

## DATES & LOCATIONS:

Saturday, August 31, 2024 @ 8:00 a.m. @ Santa Clarita Central Park - LA Country VYC XC Invite

Saturday, September 7, 2024 @ 7:30 a.m. @ O'Melveny Park – Granada Hills

**Valley United Striders Invitational XC Meet Saturday, September 14, 2024 @ 7:00 a.m. @ Santa Clarita Central Park (See VUS Invitational flyer for more info)**

Saturday, September 21, 2024 @ 8:00 a.m. @ Griffith Park

Saturday, September 28, 2024 @ 8:00 a.m. @ Paloma Vista

Saturday October 5, 2024 @ 8:00 a.m. @ Pierce College – Winnetka

**TIME:** There will be no walk through, please arrive ready to race.

## DIVISIONS & DISTANCE:

|              |                       |                   |
|--------------|-----------------------|-------------------|
| <b>5/6</b>   | (Born in 2018 - 2019) | 2000m (1.2 miles) |
| <b>7/8</b>   | (Born in 2016 - 2017) | 2000m (1.2 miles) |
| <b>9/10</b>  | (Born 2014 - 2015)    | 3000m (1.8 miles) |
| <b>11/12</b> | (Born 2011 - 2013)    | 3000m (1.8 miles) |
| <b>13/14</b> | (Born 2010 - 2011)    | 4000m (2.4 miles) |
| <b>15/18</b> | (Born 2006 - 2009)    | 4000m (2.4 miles) |

**ENTRY FEES:** Five Dollars (\$5.00) per athlete.

**PRE-REGISTRATION:** please send athlete rosters on attached form and email to [alan@runstorm.org](mailto:alan@runstorm.org)  
Also check on athletic.net for meet registration.

**REGISTRATION DAY OF MEET:** Begins at 07:45a.m. and ends at 08:15 a.m.

**INFORMATION:** For more information email Alan Bingham at [alanbingham@runstorm.org](mailto:alanbingham@runstorm.org), or call C. (661) 755-6197 or visit our website at [www.vyc-xc.org](http://www.vyc-xc.org)

The Valley Youth Conference has membership of over 400 athletes for the 2021 cross country season and contains the following Member clubs: **AV Dust Devils, Cal Coast, Palmdale Road Runners, Fillmore Condors, Flying Phoenix, Los Angeles Falcons, Newberry Park, Northridge Pacers, North Valley Golden Bears, Santa Clarita Track Club, Thousand Oaks Flyers, Valley Raiders Track Club, Village Christian, West Valley Eagles.**

We ask that if you plan on having your team race that you please send your rosters in advance of the meet to Alan Bingham at [alan@runstorm.org](mailto:alan@runstorm.org), We will provide competitor labels for your athletes. or register on athletic.net.

**Note:** that all these meets are open meets, however no awards will be awarded, nor will there be any team scoring except for the **Valley United Striders Invitational Meet** on Saturday September 14<sup>th</sup> at Santa Clarita Central Park (registration on athletic.net).