



VALLEY UNITED STRIDERS  
 CROSS COUNTRY  
 INVITATIONAL MEET  
 2024



Santa Clarita Central Park

**DATE:** Saturday, September 14, 2024

**TIME:** Age group races walk through will begin at 07:45 a.m. it will be self-guided. The first race will begin at 08:30 a.m. Races will start approximately every 15-25 minutes and will overlap. 15-18 Men & Women and the Open event will race at the same time and will run the 4K course.

**DIVISIONS & DISTANCE:** *Times are approximate*

8:30 am SUB-GREMLIN Girls & Boys – 5/6	(Born in 2018 or 2019)	2000m (1.2 miles)
8:45 am GREMLIN GIRLS – 7/8	(Born in 2016 or 2017)	2000m (1.2 miles)
9:00 am GREMLIN BOYS – 7/8	(Born in 2016 or 2017)	2000m (1.2 miles)
9:20 am BANTAM GIRLS - 9/10	(Born 2014 or 2015)	3000m (1.8 miles)
9:40 am BANTAM BOYS – 9/10	(Born 2014 or 2015)	3000m (1.8 miles)
10:00 am JUNIOR GIRLS – 11/12	(Born 2012 or 2013)	3000m (1.8 miles)
10:20 am JUNIOR BOYS – 11/12	(Born 2012 or 2013)	3000m (1.8 miles)
10:40 am YOUTH GIRLS – 13/14	(Born 2010 to 2011)	4000m (2.4 miles)
11:05 am YOUTH BOYS – 13/14	(Born 2010 to 2011)	4000m (2.4 miles)
11:30 am - 15-18 Women & 15-18 Men	(Born 2006 to 2009)	4000m (2.4 miles)
Open & Masters	(Born 2005 – before)	4000m (2.4 miles)

**ENTRY FEES:** (\$7.00) per athlete and no team fee, (\$3.00 late fee after 9/12/23 will be added to all athletes who register after 9/12/23) A team will consist of at least 3 athletes and a maximum of 5 athletes per team to be eligible for team award. A-Teams only – Limit 1 team per club.

**AWARDS:** **Medals will be awarded to the top 8 individual places** (At Finish line) Participant ribbon to the next 42 athletes (top 50 total). Team awards will be awarded to the top 3 team (*15-18 Top team only*) in each age division (5/6, 7/8, 9/10, 11/12, 13/14, 15/18) \* All athletes must exit the finish chute to get their medal, medals will not be awarded if the athlete leave the finish chute without collecting their medal.

**ADDRESS:** 27150 Bouquet Canyon Rd, Santa Clarita, CA 91350

**PRE-REGISTRATION:** Look for registration on [athletic.net](http://athletic.net) or email athlete rosters to [alan@runstorm.org](mailto:alan@runstorm.org), include in the list, Athlete's First & Last Name, Date of birth, Gender, Team or Unattached. It is best to send the information in excel format.  
 All payment fees will be collected at the meet – **Cash or team check only.**

**REGISTRATION DAY OF MEET:** Begins at 07:00 a.m. and **ends at 09:30 a.m.** Please arrive on time. (\$10.00 per athlete day of meet includes late fee).

**INFORMATION:** For more information email Alan Bingham at [alan@runstorm.org](mailto:alan@runstorm.org) or call C. (661) 373-6897

**HOSTED BY:** Valley United Track Club. Food Trucks available

**VENDORS WELCOME:** Please email [coachelaine@runstorm.org](mailto:coachelaine@runstorm.org)  
*All vendors must send in insurance & Business License by September 1<sup>st</sup>.*