



VALLEY UNITED STRIDERS  
 CROSS COUNTRY  
 INVITATIONAL MEET  
 2022



Santa Clarita Central Park

**DATE:** Saturday, September 17, 2022

**TIME:** Age group races walk through will begin at 07:45 a.m. it will be self-guided. The first race will begin at 08:30 a.m. Races will start approximately every 15-25 minutes and will overlap. 13/14 and 15-18 may race at the same time and will run the 4K course.

**DIVISIONS & DISTANCE:** *Times are approximate*

8:30 am SUB-GREMLIN Girls & Boys – 5/6	(Born in 2016 or later)	2000m (1.2 miles)
8:45 am GREMLIN GIRLS – 7/8	(Born in 2014 or 2015)	2000m (1.2 miles)
9:00 am GREMLIN BOYS – 7/8	(Born in 2014 or 2015)	2000m (1.2 miles)
9:15 am BANTAM GIRLS - 9/10	(Born 2012 or 2013)	3000m (1.8 miles)
9:30 am BANTAM BOYS – 9/10	(Born 2012 or 2013)	3000m (1.8 miles)
9:45 am JUNIOR GIRLS – 11/12	(Born 2010 or 2011)	3000m (1.8 miles)
10:00 am JUNIOR BOYS – 11/12	(Born 2010 or 2011)	3000m (1.8 miles)
10:15 am YOUTH GIRLS – 13/14	(Born 2008 to 2009)	4000m (2.4 miles)
10:40 am YOUTH BOYS – 13/14	(Born 2008 to 2009)	4000m (2.4 miles)
11:00 am - & 15-18 Women & 15-18 Men	(Born 2004 to 2007)	4000m (2.4 miles)

**ENTRY FEES:** (\$7.00) per athlete and no team fee, (\$3.00 late fee after 9/14/22 will be added to all athletes who register after 9/15/21) A team will consist of at least 3 athletes and a maximum of 5 athletes per team to be eligible for team award. A-Teams only – Limit 1 team per club.

**AWARDS:** **Medals will be awarded to the top 8 individual places** (At Finish line) Participant ribbon to the next 42 athletes (top 50 total). Team trophies will be awarded to the top 3 team in each age division (5/6, 7/8, 9/10, 11/12, 13/14, **15-18 First Place Team only**) \* All athletes must exit the finish chute to get their medal, medals will not be awarded if the athlete leave the finish chute without collecting their medal.

**ADDRESS:** 27150 Bouquet Canyon Rd, Santa Clarita, CA 91350, Field 7

**PRE-REGISTRATION:** please email athlete rosters to alan@runstorm.org, include in the list, Athlete's First & Last Name, Date of birth, Gender, Team or Unattached. Also athletes can register on athletic.net. [Click here](#) All payment fees will be collected at the meet – **Cash or team check only.**

**REGISTRATION DAY OF MEET:** Begins at 07:00 a.m. and **ends at 09:30 a.m.** Please arrive on time. (\$10.00 per athlete day of meet includes late fee).

**INFORMATION:** For more information email Alan Bingham at alan@runstorm.org or call C. Elaine (661) 373-6897 or Alan (661) 755-6197

**HOSTED BY:** Valley United Track Club.

**VENDORS WELCOME:** Please email coachelaine@runstorm.org