

2017 Cross Country Season Meet Schedule

Meet	Date	Valley Youth Conference XC Meet Schedule
1	9/9	Los Angeles County Cross Country Invitational Meet El Cariso Regional Park - Sylmar
2	9/16	O'Melveny Park – Granada Hills
3	9/23	Valley United Striders Cross Country Invitational Central Park, Santa Clarita <i>USATF Sanctioned Meet</i>
4	9/30	Corriganville Park – Simi Valley
5	10/7	Pierce College – Winnetka
6	10/15	Free Spirit Invitational Cross Country Meet – Arcadia County Park <i>USATF Meet – An Open meet but not our meet, See SCAUSATF.ORG for more information on this meet – SUNDAY meet</i>
7	10/21	Santa Clarita Central Park – Santa Clarita
8	10/28	Valley Youth Conference Cross Country Championship Meet Santa Clarita Central Park – <i>Closed Meet – VYC athletes only</i>
Valley United Striders Post Season Meet Schedule		
	11/4	Valley United Striders Mandatory Practice @ Santa Clarita Central Park 8:00 am
		<i>Only Athletes who are going to Nationals can compete in the following meets. These are closed meets for qualifier and only athletes wanting to advance to national level can compete! It is very important that if you are not planning on going all the way to Alabama that you do not attend the below meets, You can displace athletes who are competing to advance.</i>
	11/12	USATF Southern California Association Cross Country Championship Meet Arcadia County Park
	11/19	USATF Region 15 Cross Country Championship Meet Location TBA
	12/9	USATF Junior Olympic Cross Country National Championship Meet. Tallahassee, Florida

All Valley Youth Conference meets are open meets, except for the meet on 10/28 (VYC XC Championship meet)

The Free Spirit Invitational meet is a USATF Meet usually held at Mt Sac, (this year due to construction at Mt Sac that may change) this is not a VYC meet, we go as guests, they handle the timing and post results to their meets.

Walk Thru at all VYC meets starts at 8:00 am.

Preregistration is always helpful, but we can accommodate unattached athletes on the fly at the meet.

Results are published to www.vyc-xc.org later the day of the meet.

If you have a team and wish to visit one of our open meets please contact Alan Bingham by email at alan@runstorm.org