

**BOUQUET CANYON
CROSS COUNTRY INVITATIONAL MEET
SANTA CLARITA CENTRAL PARK**

DATE: Saturday, November 1, 2014

TIME: Walk through will begin at 08:00 a.m. and the first race will be at 08:45 a.m. Races will start Approximately every 15 minutes and will overlap. Youth and Intermediate will race at the same time.

DIVISIONS & DISTANCE:

Races will be combined by distance to expedite meet. ie 2k, 3k, 4k

7:30 am OPEN	(HIGH SCHOOL and OPEN)	3 MILE HS COURSE
8:45 am 8 AND UNDER GIRLS	(Born in 2006 or later)	2000m (1.2 miles)
8 AND UNDER BOYS	(Born in 2006 or later)	2000m (1.2 miles)
9/10 GIRLS	(Born 2004 or 2005)	3000m (1.8 miles)
9/10 BOYS	(Born 2004 or 2005)	3000m (1.8 miles)
11/12 GIRLS	(Born 2002 or 2003)	3000m (1.8 miles)
11/12 BOYS	(Born 2002 or 2003)	3000m (1.8 miles)
13/14 GIRLS & BOYS	(Born 2000 or 2001)	4000m (2.4 miles)
15/16 GIRLS & BOYS	(Born 1998 or 1999)	4000m (2.4 miles)

ENTRY FEES: (\$5.00) per athlete and no team fee.

AWARDS: Top 3 medals.

ADDRESS: 27150 Bouquet Canyon Rd., Santa Clarita, California, 91350

PRE-REGISTRATION: please email athlete rosters to alanbingham@runstorm.org, include in the list, Athlete's First & Last Name, Date of birth, Gender, Team or Unattached.

REGISTRATION DAY OF MEET: Begins at 07:00 a.m. and ends at 09:30 a.m. Please arrive on time.

INFORMATION: For more information email Alan Bingham @ alanbingham@runstorm.org, or call C. (661) 755-6197

HOSTED BY: Hawks Track Club, Los Angeles Falcons, Northridge Pacers, North Valley Golden Bears, Palmdale Bullets, Santa Clarita Track Club – Storm, Trinity Classical Academy, West Valley Eagles, Valley United Striders. Valley Youth Conference, Village Christian School.

VALLEY UNITED STRIDERS
 CROSS COUNTRY INVITATIONAL MEET
 2014
 SANTA CLARITA CENTRAL PARK

Team Name	
City	
Coach	
email address	
phone	

Minimum of 3 members per team

	Athlete names	AG	DOB	Gender
1				
2				
3				
4				
5				

	Athlete names	AG	DOB	Gender
1				
2				
3				
4				
5				

	Athlete names	AG	DOB	Gender
1				
2				
3				
4				
5				

	Athlete names	AG	DOB	Gender
1	John Q Public	9/10	7/4/2004	Boy

Please use the above form to submit your teams, print more if need and email to alanbingham@runstorm.org
 A team must have at least 3 athletes, and no more than 5. No mixed genders/age groups please