

2006 AAU Southern Pacific District Cross Country Championships

National Cross Country Championships Qualifier

Location: Corriganville Park, Simi Valley, California
Date: Saturday, November 04, 2006
Host: Simi Valley Running Rebels
Sanction by: Southern Pacific District AAU
Time: 9:00am
Entry Fee: \$10.00 per athlete
Awards: Medals to the top 3 individuals in each category
Contact: Meet Director- Dave Willard 805-732-3223
dwilltri@adelphia.net



IMPORTANT INFORMATION

DIRECTIONS

Simi Valley is located in East Ventura County. Take the 118 freeway to the Kuehner Drive Exit. Go South 1 ½ miles to Smith Road. Go East on Smith Road. Smith Road Deadends at Corriganville Park.

OTHER INFORMATION

All registrations will occur the day of the meet.
Weather will not cancel the meet. Unless Law Enforcement says otherwise.
NO Waivers will be granted to the National Cross Country Championships.
All athletes MUST be a current AAU Member. Memberships are available on line at www.AAUsports.org

**2006
National
Cross Country Championship
Disney World-Orlando, Florida**

Schedule of Events

The first race will begin at 0900 am. All other races will begin 5 minutes after the completion of the previous race. The order is listed below.

8:00am	Registration begins	
9:00am	Sub-Bantam & Bantam Girls	3k
	Sub-Bantam & Bantam Boys	3k
	Sub-Midget & Midget Girls	3k
	Sub-Midget & Midget Boys	3k
	Sub-Youth & Youth Girls	4k
	Sub-Youth & Youth Boys	4k
	Intermediate Boys & Girls	5k
	Young Men/Women	5k

*** Recommend that you be there to register at least 45 minutes before your RACE.

**** AAU membership cards are required. You can purchase AAU cards on line at www.aausports.org

Age Divisions 2006

Sub-Bantam	1997
Bantam	1996
Sub-Midget	1995
Midget	1994
Sub-Youth	1993
Youth	1992
Intermediate	1990-1991
Young Men/Women	1988-1989