

VALLEY CONFERENCE YOUTH CROSS COUNTRY OPEN MEETS

DATES: Saturday, September 5, 2015 @ 8:00 a.m. @ El Cariso Park – LA Country XC Invite
Saturday, September 19, 2015 @ 8:30 a.m. @ O'Melveny Park – Granada Hills
Valley United Striders Invitational XC Meet Saturday, September 26, 2015 @ 7:00 a.m. @ Santa Clarita Central Park (See flyer for more info)
Saturday, October 3, 2015 @ 8:30 a.m. @ Corriganville Park – Simi Valley
Saturday, October 10, 2015 @ 8:30 a.m. @ El Cariso Park - Sylmar
Saturday October 24, 2015 @ 8:30 a.m. @ Woodley Park – Van Nuys
Bouquet Canyon Invitational Cross Country Meet (See flyer for more info)
Saturday November 7, 2015 @ 8:00 a.m. @ Santa Clarita Central Park

TIME: Walk through will begin at 08:00 a.m. and the first race will be at 08:45 a.m.

DIVISIONS & DISTANCE:

8 and Under	(Born in 2007 or later)	2000m (1.2 miles)
9/10	(Born 2005 or 2006)	3000m (1.8 miles)
11/12	(Born 2003 or 2004)	3000m (1.8 miles)
13/14	(Born 2001 or 2002)	4000m (2.4 miles)
15/16	(Born 1999 or 2000)	4000m (2.4 miles)

ENTRY FEES: Five Dollars (\$5.00) per athlete.

PRE-REGISTRATION: please send athlete rosters on attached form and email to alanbingham@runstorm.org

REGISTRATION DAY OF MEET: Begins at 07:45a.m. and ends at 08:15 a.m.

INFORMATION: For more information email Alan Bingham at alanbingham@runstorm.org, or call C. (661) 755-6197 or visit our website at www.vyc-xc.org

The Valley Youth Conference has membership of over 450 athletes for the 2014 cross country season and contains the following Member clubs: **Hawks Cross Country, Los Angeles Falcons, Northridge Pacers, North Valley Golden Bears, Santa Clarita Track Club, SoCal Super Sonics, Trinity Classical Knights, Village Christian, Valley Raiders Track Club, West Valley Eagles,**

We ask that if you plan on having your team race that you please send your rosters in advance of the meet to Alan Bingham at alanbingham@runstorm.org, We will provide competitor labels for your athletes.

Note that all of these meets are invitational meets, however no awards will be awarded nor will there be any team scoring except for the Valley United Striders Invitational and the Bouquet Canyon Invitational Meet.